

CHALLENGER SPORTS BRITISH SOCCER TRAINING

INTRODUCES:

FALL ADVANCED TRAINING FOR GOLDSBORO FAMILY YMCA PLAYERS

Challenger's British Soccer Training program provides weekly training, conditioning and skill development for all soccer players in the Goldsboro area. The British professional coaching staff will provide players who currently play on rec. or travel teams with the advanced instruction and physical training necessary to help them compete at the highest level. Each week the players will take part in technical, tactical and physical training sessions that will sharpen skills, improve decision making and increase speed and fitness. Space is limited in each session – please sign up immediately.

DATES & LOCATION

YMCA Soccer Complex –
Wednesday's - Aug 25th, Sept
1st, 8th, 15th, 22nd, 29th, Oct 6th.

SCHEDULE

Ages 4-6 Boys and Girls 4-4:45pm

Ages 7-9 Boys & Girls 5pm – 6:30pm

Ages 10-14 Boys & Girls 6:30pm – 8:00pm

Be sure to bring - Ball, shinguards, soccer attire & water
Spaces are limited, only 16 players per session(12 for the 4-6yrolld age group),
please sign up early to guarantee your child's spot.

COST

\$75 for 7 sessions

REGISTER ONLINE

www.challengersports.com

Ben Cook

79241 Ridgehaven Rd, Lancaster, SC 29720
(803) 802-2185 (office)
bcook@challengersports.com

