



# Goldsboro Family YMCA

## Main Pool March thru May Usage

### Things to Remember

**Pool Closings** - Anytime the pool is to be closed a notice will be put up near the main door to the pool.

**Water Awareness** - Large school groups come to the YMCA for water safety programs during the day ranging from 10AM-2PM.

**Swim Meets** - When we host a weekend swim meet the entire Aquatics area is closed off to swimmers. You are welcome to go to the observation deck and watch the action.

**Pool Parties** - These occur on Saturday and Sunday and will use part of the L-shape area or Deep Area.

**Swim Lessons** - These can take place anywhere in the pool area at varying times throughout the day and week. Please be courteous and give them some space.

**Friday Nights** - Every Friday from 4:30-7:00PM we put both of our pool inflatables in the water for Family Fun Night, this is a great time for members and their families to play together in the water. The last Friday of each month will be a Flick & Float, we display a movie up on the wall and have an awesome time. Popcorn and Soda are available and non-members are welcome for \$1.

### Remember

The pool schedule and its use will be modified to accommodate school closing and major holidays.

## Main Pool March thru May Usage

### Diving Area

The diving board will be reserved for our diving team Mon, Wed, Fri nights from 5-7 PM.

### Deep Area

Water Aerobics classes will take place from 8:30-9:30AM and 5:30-7:00PM.

Outside of those times this area is open for anyone to use.

Friday nights this area is reserved for our giant pool inflatable from 4-7:30PM.

### Deep Lanes

Our YMCA Sharks Swim Team uses 3-5 lanes from 4:30-7PM during the week.

Outside of those times, these lanes are available for adult lap swim, exercise, or walking.

You must be courteous to other members and allow them to share lanes using the circle swimming technique when the pool is crowded.

### Bulkhead

The bulkhead will be partially removed in mid march, and completely removed by April.

### L-Shape Area

Water Aerobics classes will take place from 9-10AM and 5-8PM.

Outside of those times this area is open for anyone to use.

Friday nights this area will have our smaller pool inflatable from 4-7:30PM (It will not take up the entire area)

### Shallow Lanes

Our YMCA Sharks Swim Team uses 2-3 lanes from 5:30-6 PM during the week.

Outside of those times, these lanes are available for adult lap swim, exercise, or walking.

You must be courteous to other members and allow them to share lanes using the circle swimming technique when the pool is crowded.